

# TRAVEL INSTRUCTIONS FOR CCAT, DINGWALL SCOTLAND

## Introduction

1. The Cadet Centre for Adventurous Training (CCAT), Dingwall is situated in northern Scotland, north of Inverness. It is co-located with 1<sup>st</sup> Bn The Highlanders ACF Cadet Training Centre, and many of the facilities are shared.

## Location.

2. The centre lies on the A862 just 300m from the railway station.

## Address.

3. The address of the Centre is:

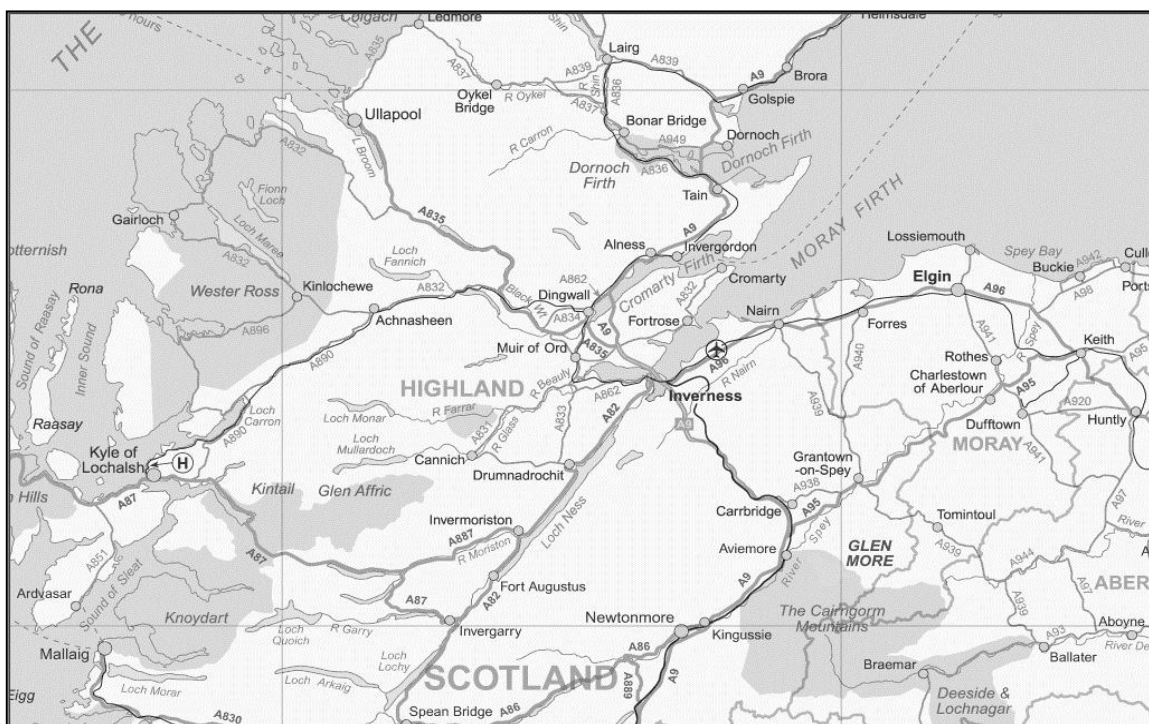
The Cadet Centre for Adventurous Training  
1<sup>st</sup> Bn The Highlanders ACF  
Cadet HQ & Training Centre  
Ferry Road  
Dingwall  
IV15 9QS

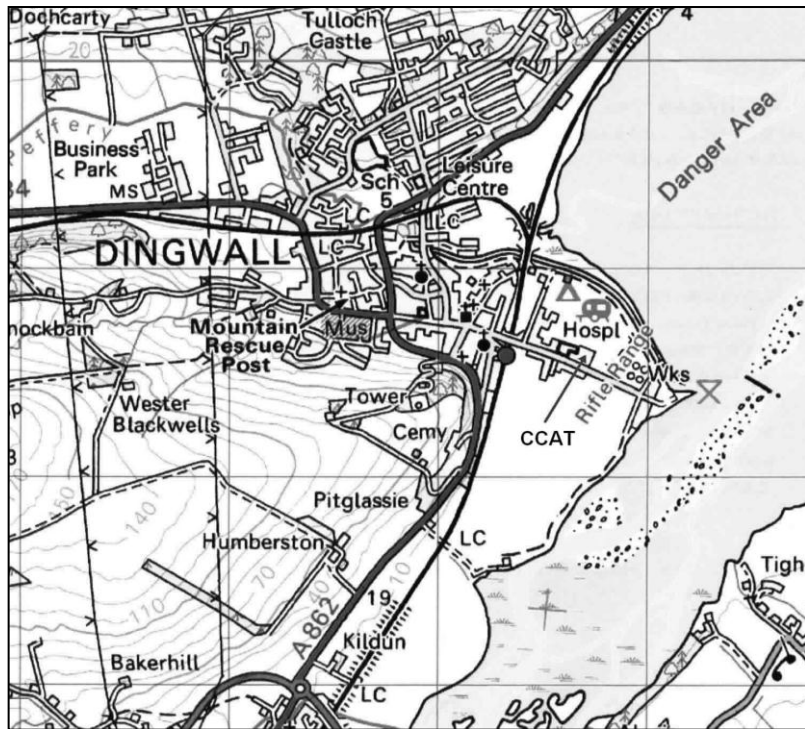
## Communications.

4. There is no permanent staff at CCAT Dingwall, but there are contact numbers for enquiries as below:

- a. General enquiries on course administration and bookings:  
Mr David Rees  
Capt Andrew Lester  
Tel: 01690 720308  
Fax: 01690 720282  
E-mail: [dave.rees@ccat-hq.com](mailto:dave.rees@ccat-hq.com), [Andrew.lester@ccat-hq.com](mailto:Andrew.lester@ccat-hq.com)

## Location





### By road

5. From Edinburgh: Cross the Forth Bridge and take the M90 to Perth. Take the A9 to Inverness. From Inverness stay on the A9 until the A835 road. Take the A835 and follow the signs for Dingwall. Look for signs for the railway station, cross the bridge over the line and go down Ferry Road. The Training Centre is on the left.

a. Sat Nav users should use post code IV15 9QS.

6. From Glasgow: Take the M80/A80 to Stirling. Pick up the A9 and follow the directions above.

### By train

7. There is direct service (GNER) from Edinburgh to Inverness. A regular local service (ScotRail) links Inverness and Dingwall. [www.thetrainline.com](http://www.thetrainline.com) gives details of train times.