



Cadet Centre for Adventurous Training



Skating canoeing kayaking Rock climbing Caving Summer and Winter mountaineering
National Governing Body Awards Joint Services Adventure Training Awards
Overseas expeditions and courses DofE residentials and expeditions



Inspire to Achieve

www.armycadetadventure.info

What do we provide?

A pathway for Adult ACF and CCF (Army Section) Volunteer Instructors to attain AT Leader, Instructor or Coach level qualifications in Mountaineering (Summer & Winter), Climbing (Rock & Ice), Canoeing (Open Canoe, Inland Kayak, Sea kayak) and Caving so they can deliver these activities in their Detachments or Contingents. The pathway starts with a **Proficiency** course-**Leader or Coach** Training-Essential **log book** experience-**Leader or Coach** assessment.

CCAT also provides a myriad of Proficiency level Adventurous Training courses as a progressive pathway for Senior Cadets (16-18yrs)

HQ CCAT also provides a centralised help desk to give advice and guidance when planning AT activities.

Where are we?

We have three main delivery centres:

Capel Curig TC located in the heart of the Snowdonia National Park in North Wales.

Halton TC near Lancaster is located on the River Lune just 30 minutes from the Lake District.

Dingwall CTC is located just north of Inverness the gateway to the Scottish Highlands

Enquiries are to be directed to:

Headquarters
Cadet Centre For Adventurous
Training

Phone: 01690 720 308
E-mail: dave.rees@ccat-hq.com
Website: www.armycadetadventure.info

Senior Cadets Courses

- Summer Mountain Proficiency
- Basic Rock Climbing Course
- Basic Caving Course
- Kayak Foundation Course
- Open Canoe Foundation Course
- Introduction Sea Kayak Course
- BCU 3 Star Kayak
- BCU 3 Star Open Canoe
- Basic Ski Alpine
- Ski Tour Proficiency
- Winter Mountain Proficiency
- Winter Climbing Proficiency
- DofE Gold Expeditions

Adult Instructor Courses

- Summer Mountain Proficiency
- Rock Climbing Proficiency Course
- Caving Proficiency Course
- Kayak Foundation Course
- Open Canoe Foundation Course
- Introduction Sea Kayak Course
- BCU 3 Star Kayak
- BCU 3 Star Open Canoe
- BCU 3 Star Sea Kayak
- Basic Ski Alpine
- Ski Tour Proficiency
- Winter Mountain Proficiency
- Winter Climbing Proficiency
- Introduction Alpine Mountaineering Course
- Climbing Wall Award Trg & Assess
- Single Pitch Award Trg & Assess
- Walking Group Leader Trg & Assess
- Mountain Leader Summer Trg & Assess
- SMBLA Trail Cycle Leader Trg & Assess
- Snowsport Scotland Alpine Ski Leader
- BCU UKCC Level 1 Coach Trg & Assess
- BCU UKCC Level 2 Coach Trg & Assess
- BCU 4 Star Trg & Assess
- BCU UKCC Moderate Water Endorsement
- BCU White Water Safety & Rescue

Further details of our courses are available on our website, www.armycadetadventure.info