

Mountain Bike Leader Awards



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Candidate Pathway through the MBLA Award Scheme

1. MBLA Award Scheme Enquiries

Any Candidate contacting Scottish Cycling (SC) for information about the MBLA Award Scheme will either:

- be sent an **Information Pack** or
- be referred to the SC website (www.scottishcycling.org.uk) "MBLA" page

2. MBLA Course Pre-requisites

A Candidate **registers** by completing an **MBLA Registration** form (download from Scottish Cycling website) and sending it to SC with a cheque for the current registration fee *or* registering on-line.

Registered candidates will receive:

- a numbered **MBLA Registration Letter** acknowledging their registration which should be shown to the Tutor prior to TCL Training
- The **MBLA Official Training Manual**

Candidates must complete an **MBLA Logbook** (contained in the Registration pack) and send this to their course tutor in advance of a training course. Logbook evidence should consist of at least 20 mountain bike rides on separate days of 1.5 hrs duration in a variety of weather conditions. Longer rides of 2-3 hrs duration, with at least one being 6 hours, and 2-3 detailed route cards should also be included. **The terrain covered should be appropriate to the level of award sought.** Rides may be undertaken in the UK or abroad any time within the last 12 months.

3. TCL Training

Before a Training Course

1. contact an MBLA Tutor to arrange a TCL training course (see the SC website for the latest MBLA Course list and details of course providers)
2. complete the **MBLA Logbook** (for guidance see the MBLA Training Manual) and send it to their course tutor together with their Registration Number at least a week before the date of their course
3. be familiar with the MBLA Training Manual included in the Registration pack

After TCL Training Course:

1. Tutor will complete a **TCL/MBL Training Completed – Candidate** (blue) form to present at a future TCL Assessment and which contains an individual **Action Plan**
2. Candidates **must log at least 10 rides** between completing TCL training and undertaking an Assessment, working on their **Action Plan**, allowing a **minimum of 30 days between Training and Assessment** to consolidate learning. Any candidate with good reason who wishes to apply for exemption from this consolidation period should apply to Scottish Cycling and will be asked to complete an Exemption form which is submitted to their intended assessment Tutor.

4. TCL Assessment

Before TCL Assessment:

1. contact a MBLA Tutor to arrange a TCL assessment
2. apply for / renew their British Cycling membership (this will be checked at Assessment and is required before a TCL certificate is awarded)
3. ensure they have a recognised current 12 hour First Aid Certificate (see information enclosed in Registration pack for details)

After Assessment:

1. Tutor will give to each Candidate a **TCL/MBL Assessment Completed - Candidate** form detailing any relevant comments / suggestions. **Note: this is not your TCL certificate!**

5. TCL Certification

Candidates who have passed a TCL assessment, and who have presented membership of BC and a first aid certificate, will be awarded their TCL Certificate by Scottish Cycling. The certificate will remain valid while the candidate is a current member of BC and has an acceptable, up to date First Aid training qualification.

Candidates who do not present either BC membership or First Aid at Assessment will automatically be deferred; they should send a copy of their First Aid certificate and a note of their BC membership number to Scottish Cycling by post (address above) or by e-mail (mbla@scottishcycling.org.uk).

6. MBL Training

Before Training Course:

1. contact a MBLA Tutor to arrange an MBL training course
2. complete an **MBLA Logbook** and send it to their Tutor at least a week before the date of their course
3. read the relevant parts of the SMLA Training Manual

After Training Course:

1. Tutor will give each Candidate a **TCL/MBL Training Completed – Candidate** (blue) form to present at a MBL Assessment
2. Candidates must log at least 10 rides between completing MBL Training and undertaking an Assessment, working on their **Action Plan**, allowing a minimum of 30 days between Training and Assessment to consolidate learning.

7. MBL Assessment

Before Assessment:

1. contact an MBLA Tutor to arrange an MBL assessment.
2. ensure their British Cycling membership is valid (required before MBL certificate can be awarded)
3. ensure they have a recognised and current 12 hour First Aid Certificate

After Assessment:

1. Tutor will complete for **each** candidate a **TCL/MBL Assessment Completed - Candidate** form detailing any relevant comments / suggestions, to be retained by the candidate

8. MBL Certification

Candidates who successfully complete an MBL assessment, and who are members of BC, will be awarded an MBL Certificate by Scottish Cycling. The certificate will remain valid while the candidate is a current member of BC and has an acceptable, up to date First Aid certificate.

9. British Cycling Membership and Leader Endorsement

There are 4 categories of BC membership: **Bronze, Ride, Silver** and **Gold**.

Ride, Silver and Gold members of BC are automatically insured for **Third Party Liability** (Gold members additionally have Personal Accident cover). Cover is extended to include leading activity that is carried out on a commercial basis in which the leader operates as a sole trader or business. Full details of the insurance offered through membership are available from British Cycling.

Bronze members receive no insurance cover through their membership, but may upgrade to Ride, Silver or Gold.

Leaders with Ride, Silver or Gold BC membership who can provide evidence of training in **Child Protection / Safeguarding & Protecting Children** have additional entitlement to **Professional Indemnity (PI)**. As child protection is not presently part of the TCL/MBL syllabus, any MBLA qualified Leader wishing to be eligible for PI must provide evidence of child protection training to Scottish Cycling.

Membership applications can be made on-line (www.britishcycling.org.uk) or by calling British Cycling's membership department on 0161 274 2010.